

<PLANLOGO>

<RETURN\_MAIL\_ADDRESS>  
<RETURN\_MAIL\_CITY>, <RETURN\_MAIL\_STATE>  
<RETURN\_MAIL\_ZIP>  
[Important <PLANNAME> information]

<MAIL\_DATE>

<NAMEFIRST> <NAMELAST>  
<RECIPIENTADDRESS>  
<RECIPIENTADDRESS2>  
<RECIPIENTCITY> <RECIPIENTSTATE> <ZIP>  
[Health and wellness or prevention information]

**Don't wait! Schedule your  
medication review today!**

**Call us at  
<CMRPHONENUMBER> (TTY:  
<711>),  
<CMRHOURSOFOPERATION>**

### **PLEASE REVIEW: IMPORTANT PLAN INFORMATION**

Dear <NAMEFIRST> <NAMELAST>,

Thank you for trusting <PLANNAME> (<PLANTYPE>) with your health care needs. As part of your plan, you are enrolled in Medication Therapy Management. You can receive a comprehensive medication review through this program. **There is no extra cost to you for this service.**

#### **How this service works**

- **Meet** with a health care provider to review your medications. This review includes all your prescription and over-the-counter medications, vitamins, and supplements.
- **Talk** about how best to take your medications. You can ask any questions you have.
- **Get** a written summary of the review. You will also receive an up-to-date medication list. You can share this with your health care providers, family members, and/or caregivers.

#### **Scheduling a review is simple**

You may receive a call to set up your review. If you have not received a call, [you can schedule this service with <PHARMACYNAME> located at <PHARMACYADDRESS> by calling <PHARMACYPHONE>. Or,] you can complete this review by calling <CMRPHONENUMBER> (TTY: <711>), <CMRHOURSOFOPERATION>. If someone helps you with your medications, you can both talk with the health care provider.

#### **Questions? Give us a call**

We're always here to help you on your path to better health. Call us at <CUSTOMERCAREPHONENUMBER> (TTY: <711>), <CUSTOMERCAREHOURSOFOPERATION> if you have any questions or do not want to take part in this program. You can also ask for this information in a different language.

Sincerely,

<PLANNAME>

[Your privacy is important to us. All <PLANNAME> employees have training on how to handle your private health information.]

## Safe Medication Disposal Information

### Your medication is for you

Medications that are safe for you can harm someone else. Unneeded medications should be disposed of as soon as possible. You can discard unneeded medications through a local safe disposal program or at home for some medications.

### Finding a drug disposal site near you

A drug take back site is the best way to safely dispose of medications. Two take back sites near you are:

<TAKEBACKSITE1>	<TAKEBACKSITE2>
-----------------	-----------------

To find other drug take back sites, visit the website below and enter your location:

<<https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e2s1>>

Some pharmacies and police stations offer on-site drop-off boxes, mail-back programs, and other ways for safe disposal. Call your pharmacy or local police department (non-emergency number) for disposal options near you.

### Mailing medications to drug disposal sites

Medications may be mailed to authorized sites using approved packages. Information on mail back sites can be found at <[www.deatakeback.com](http://www.deatakeback.com)>

### Safe at-home medication disposal

You can safely dispose of many medications through the trash or by flushing them down the toilet. Visit the following website to learn more about safe at-home disposal:

<<https://www.hhs.gov/opioids/prevention/safely-dispose-drugs/index.html>>

Follow these steps for medication disposal in the trash:

- Remove medication labels to protect your information
- Mix medications with undesirable substances, such as dirt or used coffee grounds
- Place mixture in a sealed container, like an empty margarine tub

<Disclaimer>

<1557>